



KEILA HAYNES



Hometown

Milan, MI

Expertise

Cheer and Gymnastics

ABOUT KEILA

At a young age, Keila (aka coach “Kei”) dreamed of being a cheerleader while she watched her mother coach the Varsity High School cheer team. She began gymnastics classes at age five and her dream came true when her mother expanded her cheer program into a cheerleading and tumbling training center. She continued her training in both sports for several years. As a tumbler, Keila was working towards round off back handspring full twists and as a cheerleader was well rounded; her stunting skills included basing, flying and back spotting. She also began coaching during her tenure at the gym. Her passion and talents took her to Western Michigan University where she cheered for a year on the recreational cheer squad. Wanting to focus more on her studies, she left the cheer program and graduated early with a bachelor’s in business administration. During this time, she landed a coveted spot as an instructor for the National Cheerleaders Association.

Other fun facts about Keila: she has a German Shepard Husky mix named Cody, whom she adopted while volunteering for the Humane Society. She’s a certified EMT. Served as a volunteer and secretary for C.E.R.T. (community emergency response team) for the City of Dallas, TX and is currently pursuing a second degree in nursing. She is excited to work with children at ASA and to share her love of both sports.